

Character Arc Beat Sheet

THE
SCRIPT
READER

Character Name _____

Status Quo: Who is the character at the start of the story? What are their strengths, weaknesses, and beliefs?	
Longing/Need: What does the character desire that they don't already have? This could be an external goal or an internal change.	
Ghost/Wound: What past event, memory, or trauma affects the character's current behaviors and attitudes?	
Resistance: How does the character resist change when confronted with new challenges or perspectives?	
Midpoint/Awareness: What event or realization prompts the character to recognize their need for change?	
Struggle: How does the character wrestle with their old habits, fears, or flaws while trying to change?	
Epiphany: What insight or understanding does the character gain that solidifies their commitment to change?	
Final Test: How is the character's growth challenged in a crucial confrontation or decision?	
Resolution: Who has the character become at the end of their arc? How have they grown or changed from their initial state?	

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